Information For the User ROSUVASTATIN 10 MG + CLOPIDOGREL 75 MG

Rosutyle C 10 Tablet

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(Rosuvastatin 10 mg + Clopidogrel 75 mg Tablet)

Composition:

Each film-coated tablet contains:

- Rosuvastatin I.P. 10 mg
- Clopidogrel I.P. 75 mg

Description:

Rosutyle C 10 Tablet is a **combination therapy** that integrates **Rosuvastatin (a statin) and Clopidogrel (an antiplatelet agent)** to provide **cardiovascular protection**. It is used for **cholesterol management and to prevent blood clot-related complications** such as **heart attacks and strokes** in high-risk individuals.

Pharmacological Action:

- Rosuvastatin (10 mg) Statin:
 - Lowers LDL (bad cholesterol) and increases HDL (good cholesterol)
 - Prevents plaque buildup in arteries
 - Reduces the risk of atherosclerosis
- Clopidogrel (75 mg) Antiplatelet Agent:
 - Prevents platelet aggregation
 - o Reduces blood clot formation
 - Helps in the prevention of cardiovascular events

Indications:

Rosutyle C 10 Tablet is recommended for:

- ✓ Prevention of heart attacks & strokes in high-risk patients
- ✓ Management of dyslipidemia & cardiovascular diseases
- ✓ Coronary artery disease (CAD) & atherosclerosis
- **⊘** Post-cardiac interventions (angioplasty, stenting, CABG)
- **⊘** Peripheral artery disease (PAD)

Dosage & Administration:

- Precommended Dose: One tablet daily or as per the physician's advice.
- ★ Take with water after meals to reduce gastric irritation.
- X Do not crush, break, or chew the tablet.

Contraindications:

- **⊘** Active bleeding disorders (e.g., peptic ulcers, hemorrhagic stroke)
- **⊘** Severe liver or kidney disease
- **⊘** Hypersensitivity to Rosuvastatin or Clopidogrel
- **⊘** Pregnancy & lactation (consult a doctor before use)

Warnings & Precautions:

- **⚠** Liver function monitoring is required (LFTs)
- **⚠** Increased bleeding risk Use cautiously before surgeries
- ⚠ Risk of muscle toxicity (Myopathy) Report any muscle pain
- ⚠ Avoid alcohol & excessive consumption of grapefruit juice

Side Effects:

✓ Common: Nausea, headache, dizziness, mild stomach discomfort

! Serious: Muscle pain (rhabdomyolysis), liver dysfunction, allergic reactions, increased bleeding

tendencies

Drug Interactions:

- **♦ Anticoagulants (Warfarin, Heparin):** Higher risk of bleeding
- ♦ NSAIDs (Aspirin, Ibuprofen): May interfere with Clopidogrel's function
- **Other statins or fibrates:** Increased risk of muscle toxicity

Storage Conditions:

- ✓ Store below 30°C, in a cool & dry place
- ✓ Keep away from children & direct sunlight

Conclusion:

Rosutyle C 10 Tablet is a **clinically effective cardiovascular therapy**, combining **cholesterol reduction** (Rosuvastatin) and blood clot prevention (Clopidogrel). It is ideal for patients with **high cardiovascular risk**, ensuring long-term **heart health and stroke prevention**.

Manufactured in India for:



(An ISO 9001: 2015 Certified Co.) Plot no.: 367-FF, Industrial Area Phase-I,

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